

# FAYETTEVILLE MANLIUS



## Who We Are

- The FM Food Pantry, a 501(c)(3) not-for-profit charitable organization, provides emergency food assistance to FM School District families.
- We have been helping FM families for over 25 years.
- Registered households may come once a month to receive 15 meals (5 days of food) per individual in the household.

## Who We Serve

- The number of households registered at the pantry ranges from 130-150 FM families representing 300-350 people. **On average, we serve over 200 people per month.**
- Some utilize the pantry monthly, some visit less often, and some only visit a few times or just once. Visit frequency depends on many variables but all are thankful the pantry is here when they need us.
- Over a third of our households have children; over a third have seniors.
- **For the past 18 months, 25% more people have been visiting the pantry.** This rise reflects decreased SNAP benefits and higher housing, food and utility costs.

## What We Provide

- We provided over 35,000 meals to FM households this past year.
- We refer clients to other resources that may be helpful/available such as SNAP, WIC, TANF, Free/Reduced Price School Meals, 211 Referral Service, and our local Grace Abounds Wear-House at Manlius First Baptist Church.
- Each month we distribute nutritious, balanced meals consisting of vegetables, fruits, grains, nuts, cereal, bread, meat, eggs, and dairy.
- We also offer household paper products, toiletries, detergents, light bulbs, books, diapers, children's birthday celebration items, and much more.

***We could not help our FM neighbors without your generosity. Please help spread the word that we are here to help! We and our pantry families THANK YOU!***

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